



# CONNECT ON A DEEPER LEVEL



*ABB often brings together their managers from across the globe for professional development. At these gatherings, their time together is intensive.*

## **PROGRAM DEVELOPMENT:**

**The Need:** To compliment their development curriculum a management retreat coordinator asked for a program that would get their team outside, providing an opportunity for managers to exchange ideas and strategies, outside the normal factory setting, while having a good time and provide opportunity for managers to work together to solve problems & learn to depend on others for assistance.

**Our Solution:** A Team Challenge Hike – located near the meeting facilities ABB was utilizing was a beautiful trail that was not physically difficult but was very beautiful. A program as crafted that incorporated fun and challenging problem solving initiatives along with a hike along this trail. An amazing overlook was used for a journaling reflection exercise.

**The Results:** A perfect day! The group was excited to leave the confines of the indoor meeting facilities. The trail provided an opportunity for participants to connect on a deeper level with those around them. The exercises were introduced at stopping points along the trail...they tackled each with a high level of motivation and fun. After refreshments and snacks at an amazing overlook, participants participated in a journaling reflection exercise. We then took a leisurely hike back to the starting point for 2 miles round trip.

- Client:** ABB
- Group:** 15 Managers
- Time:** 2.5 Hours
- Venue:** New River Gorge, WV
- Favorite Tool:** Catapult Construction

*“We had a diverse group with various levels of physical abilities; you created a team building activity with that in mind. We received positive feedback from everyone in the group regarding the team challenge hike and of course you can’t control this but the beautiful backdrop helped a lot.”*

**Debbie**  
Retreat Coordinator, ABB